



Inspire Influence Live Bangkok 2026



INSPIRATION

A transformational full-day leadership workshop for women in
hospitality, travel and real estate.

17 March 2026 | 137 Pillars Suites & Residences, Bangkok



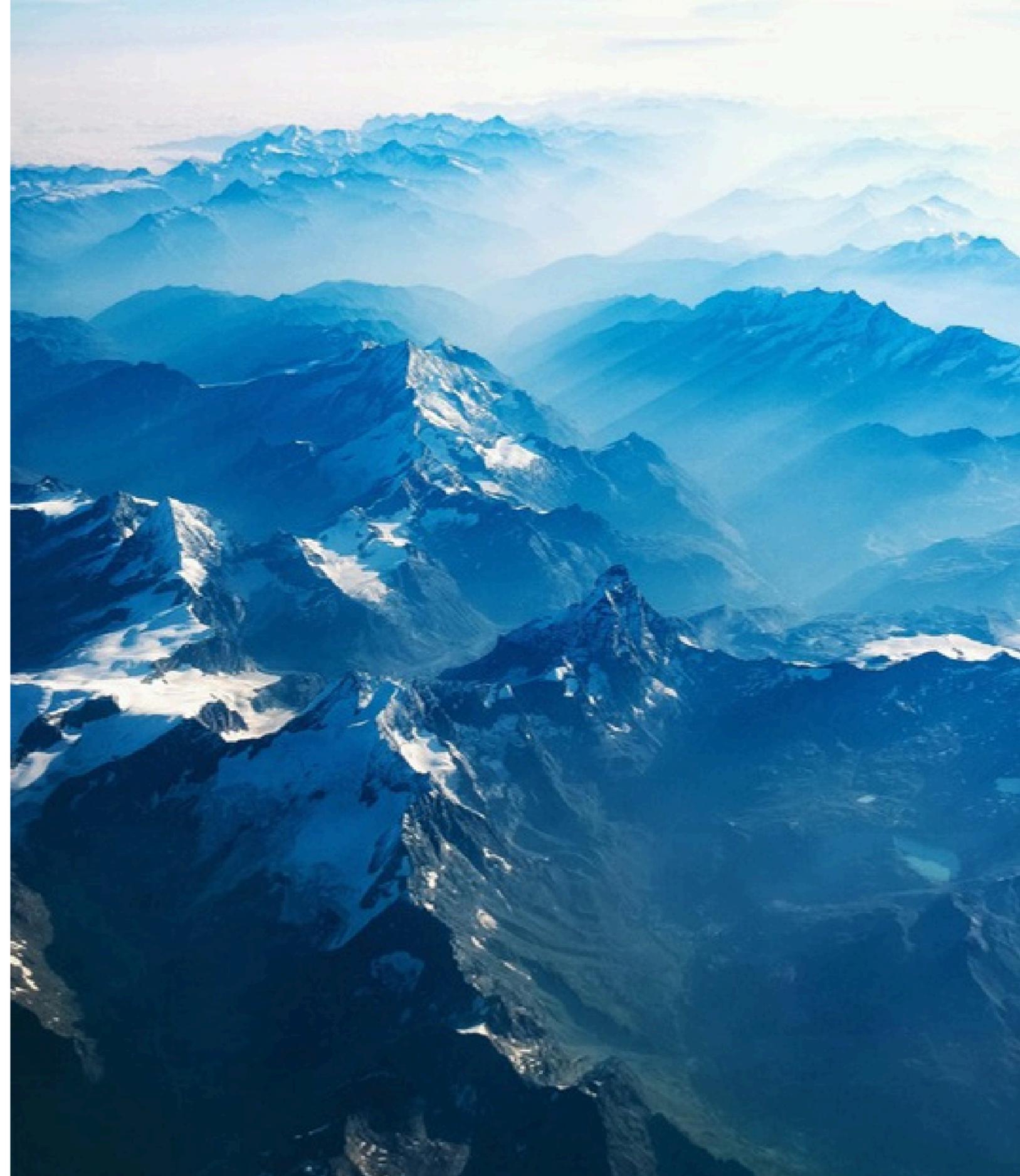


About the event

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Inspire Influence Live - Bangkok brings together female professional from across Thailand and Southeast Asia for an intensive, practice-based workshop focused on building the confidence, influence and communication skills needed to lead with authenticity in today's business environment.

This is not a conference. It's a transformational experience designed around small-group learning, hands-on practice, and meaningful connection.



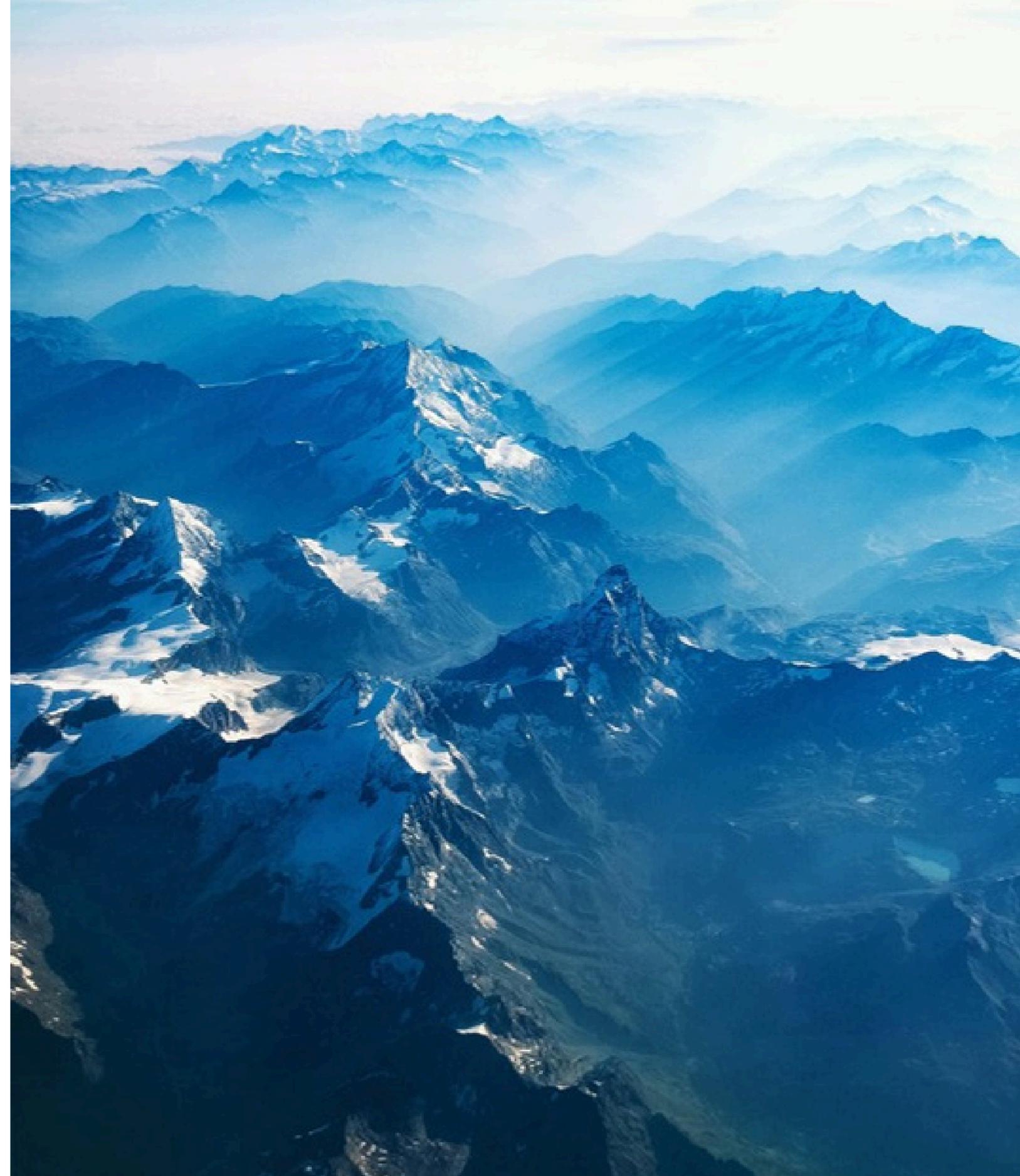


The challenge we are addressing

Women across hospitality, travel and real estate sectors face unique leadership challenges:

- **Building authentic confidence** in high-pressure, client-facing environments
- **Leading with influence** without formal authority
- **Navigating difficult conversations** around performance, boundaries and expectations
- **Managing complex stakeholder relationships** across cultures and hierarchies
- **Maintaining authenticity** while adapting to different organisational contexts

Traditional leadership training often focuses on theory.
Inspire Influence Live focuses on practice.





What makes this different?



1. Small circle format

Throughout the day, participants work in intimate circles of 4-6 women—not lecture halls or large tables. This creates the psychological safety needed to practice vulnerable skills like:

- Having difficult conversations
- Speaking with confidence
- Claiming power authentically
- Giving and receiving feedback

Participants rotate circles throughout the day, building deep connections with attendees rather than superficial networking.

3. Immediate application

Participants leave with:

- Personal frameworks they've created for themselves
- Practiced techniques ready to use the next day
- Written 30-day action plans
- Tools and language tested in real conversations

2. Practise based learning

Every panel discussion is immediately followed by hands-on workshops where participants apply what they've heard.

As our facilitator explains: "A courageous conversation isn't the first time you're having it—it's just the first time you're having it with the person you need to have it with." Participants practice in a judgment-free environment before using these skills at work.

4. Complete neutrality

This is a closed event with no sponsors, no media and no reporting. The small-group format and neutral space create the safety needed for authentic sharing and growth.





Outline of the day

8am to 9:00am: Morning wellness (limited space)

9:30am to 11am: Panel and workshop on confidence

11:15am to 12:45pm: Panel and workshop on empowerment

Lunch: 12:45pm to 2:15pm

2:15pm to 3:45pm: Panel and workshop on 'Art of courageous conversations.'

4.15pm to 5:00pm: Feedback workshop

5:00pm: Finish

Structure

Format:

- Small circles of 4-6 participants
- Panel discussions with industry leaders
- Hands-on workshops after each panel
- Rotating groups for diverse connections
- Closed event (no media, no reporting)

What's Included:

- Full-day workshop access
- All panel discussions and workshops
- Lunch and refreshments throughout the day
- Workshop materials and frameworks
- Optional morning wellness session (limited to 20 spaces)
- Access to Bangkok community network





Optional morning wellness

Start the day grounded and present with a grounded meditation session led by Viona.



Viona Zhang
Facilitator

9:30 - 11:00 | Session 1 : Confidence

Panel discussion

Industry leader share stories from their own experiences and how they found the courage to show up authentically.

Workshop

- Confidence Moments Mapping: Identify times you have acted confidently
- Pattern Recognition: Understand your natural strengths
- Voice and Posture Practice: Confidence drills
- Personal Framework: Create your "Confidence Anchor" for high-stakes moments

Takeaway: A personal anchor (word, gesture, or phrase) to access confidence in any situation.



Confidence Panel

The Courage to show up, even when you don't feel ready



Pattrin Ben
Moderator



Proudputh Liptapanlop
Panellist



Nantachatr Yampanth
Panellist



Bousserind Comson
Panellist

11:15 - 12:45 | Session 2: Empowerment

Panel discussion

Women share examples of advocating for themselves and their teams and driving organisational change while staying authentic.

Workshop

- Power Mapping: Identify your influence zones (self, team, organization)
- Barrier Identification: What holds you back from claiming power?
- Authentic Influence: Strategies that align with your values
- Action Commitment: One way you'll step into your power in the next 30 days

Takeaway: Personal power map and 30-day action statement



Empowerment

Empowerment in Action: Leading change in your sphere of influence



**Nida
Wongphanlert**
Moderator



Lydia Tiasiri
Panellist



Jael Fischer
Panellist



Marisa Sukosol
Panellist



Morning workshops

Workshops on confidence and empowerment during the morning will be facilitated by Naureen



Naureen Ahmed
Facilitator

14:15 - 17:00 | Session 3: Mastering courageous conversations

Panel Discussion

Panellists will share from their experience how to navigate conflict, bias and negotiate with grace.

Workshop

- Framework: Reflect → Prepare → Share
- Small-Group Role Plays: Giving feedback, setting boundaries, asking for what you need
- Language Practice: Finding authentic words that work for you
- Feedback Skills: Additional workshop on giving and receiving feedback effectively

Takeaway: Proven framework and practiced language for difficult conversations



Art of courageous conversation



Orn Yomchinda
Moderator



Duangkamon Amkaew
Panellist



Jennifer Vivian
Panellist



Kate Gerits
Panellist



Morning workshops

Workshops on courageous conversations and feedback in the afternoon will be facilitated by Samantha.



Samantha Marion
Facilitator



The advisory board

Inspire Influence Live is shaped by a local Advisory Board of industry leaders who ensure the content is relevant and practical to the region

- Leading voices in hospitality, travel and real estate
- Women in senior leadership across various organizations
- Experienced facilitators and coaches





Nida Wongphanlert

Managing Director
137 Pillars Suites &
Residences



Jael Fischer

Head of Development, APAC
Six Senses



Inspiring women

Advisory board



Pattrin Ben

Senior Manager, Development
Thailand
Hilton



Bousserind Comson

Senior Director of Sales
Amadeus



Orn Yomchinda

Executive VP
JLL



Kate Gerits

Director of Operations
Thailand
IHG





Who should attend?

This workshop is designed for women professionals across hospitality, travel and real estate at any career stage:

Early-Career Professionals looking to build foundational confidence and influence skills

Mid-Level Managers navigating the transition from peer to leader

Senior Leaders refining their ability to influence across complex stakeholder landscapes

Individual Contributors seeking to lead change without formal authority

Teams wanting to build shared frameworks and language.

The skills taught are universal; the practice is personalised to each participant's context.





What past attendees say?



“It encouraged me to stretch beyond my comfort zone and communicate with more clarity, courage, and authenticity.”

- Aysegul

“A safe space to learn, practise, fail, and try again without judgement – only support.” - Maeva

“A fantastic opportunity to connect with like-minded women and create inspiring career opportunities for ourselves.” -

Ivana

“Truly transformative – I left feeling energised, empowered, and connected.” - Eva





Why organisations support attendance

Enhanced Team Leadership

Participants develop skills to better manage, motivate and develop their teams

Improved Stakeholder Management

More effective navigation of relationships across departments and with senior leadership

Conflict Resolution Capability

Ability to address issues directly using proven frameworks rather than avoiding difficult conversations

Change Leadership

Skills to drive initiatives and influence outcomes without formal authority

Confidence in High-Stakes Situations

Participants practice exercises and difficult conversations in safe environment before real-world application





Why organisations support attendance

Network Expansion

Connection with women leaders across hospitality, travel, and real estate—potential partners, clients, and future colleagues

Measurable Outcomes

Participants commit to applying learnings within 30 days:

- Using frameworks in specific upcoming situations
- Having postponed difficult conversations
- Implementing new stakeholder management approaches
- Sharing key frameworks with their teams





Ticket options



Four to choose from

Standard - THB 6500
Early Bird - THB 5500
(Available till 28 February)

Team Bundle - THB 5000
(Min 2 and upto 5 team members)



Member price - THB 4500
(Inspire Community special rates)



Inspire Community



About Inspiring Women in Hospitality

Founded by Naureen, Inspiring Women in Hospitality is on a mission to achieve gender balance in leadership across the hospitality, travel and real estate sectors.

Our Approach:

- Advisory Boards in every city ensure locally relevant content
- Practice-based learning over theoretical lectures
- Small-group formats for psychological safety
- Complete neutrality (no sponsors to maintain inclusivity)
- Focus on practical skills with immediate application

Global Reach:

Running programs across Europe, Middle East, and Asia with consistent focus on building capability, confidence and authentic influence.

Mindset: Lift each other up



THANK YOU



LOOKING FORWRD TO SPENDING THE
DAY WITH YOU ON 17 MARCH 2026 AT
137 PILLARS SUITES & RESIDENCES